



Marie Curie Hospice West Midlands



The Hummingbird Grief Counselling Support Service for Children, Young People and their Families

*Giving Children and Young People a voice,
nurturing resilience through conversation, creativity and
play*

How do I make a referral to the service?

Adult family members can make a 'Self referral' for the young person by phoning the Birmingham and Solihull Bereavement Point on 0121 687 8010. Professionals can email: WMMCbereavementreferrals@nhs.net

The person who has died/is dying has no connection to the Hospice. Can we still access this support?

Yes. The service is here to support any young person who is grieving from a death or impending death of a loved one, the nature of which is from any cause.

I'm worried about my child but they have said 'No' to any help

It can be helpful for the adult caring for the child to seek support from us; we can help you to support your child.

How can I find out more about the service?

For further information please contact: 0121 703 3600 and speak to Hannah Wilson or Ann Scanlon.

Marie Curie Hospice, West Midlands
Marsh Lane, Solihull
West Midlands B91 2PQ
Tel: 0121 703 3600

Registered Charity Number: 207994

This NEW service provides free bereavement support to Children, Young People & family members experiencing grief reactions from a death or expected death of someone they know, due to ANY cause.

The Hummingbird service provides:

Confidential specialist counselling and bereavement Support, allowing young people between the ages of 5 & 17 years, the emotional space and safety to explore their anxieties and fears without the worry of putting pressure on their loved ones.

We recognise that grief at any age is personal and individual. Therefore the support offered is designed to meet the specific needs of the young person, aimed to help them explore and make sense of their feelings and emotions. This may be through one to one counselling or in a group with other young people, or a mixture of both.

One to One Counselling Support:

Where the young person can explore their anxieties and feelings with the support of a Counsellor.

A range of different therapeutic techniques can be used to help the young person to share their story, such as therapeutic play, creative art work, poetry, and memory building activities.

Group Support:

Young people who have experienced a death of any kind, or are about to experience a death, sometimes need permission that it is 'OK' to still have fun!

Meeting other young people going through something similar can help to take away the feeling of being alone in this and feeling different.

Useful Information:



The initial Assessment can be carried out at home virtually or the Hospice. This is a time where both the adult and the young person can find out more information about the service, ask any questions they may have, and also seek advice and guidance on how to support their child.



The support sessions and or groups may take place in the Hospice, in school or sometimes at appropriate spaces within the local community.



We offer advice and guidance to adults, family members and professionals known to the young person either face to face or over the phone.



The Safeguarding needs of the individual young person is paramount. We abide by local and government statute in this area.

