

About Grief



At the moment I feel.....

I feel saddest when.....

The thing I miss most about the person I lost is

.....

Since the loss, things have been different because

.....

My family usually feels

.....

If I could ask the person I lost one thing, I would ask

.....

If I could tell the person I lost one thing, I would say

.....

Something i liked about the person who I lost was

.....

One thing I learned from the person who I lost is

.....

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