



Homemade sensory paints!

Using common poster paints, try adding spices and scented oils to create an sensory experience!

What will I need?

- Poster Paints
- Spices; vanilla, tumeric, ginger, cinnamon
- Paint brushes
- Paper
- Pots
- Apron

Now what do I do?

For this homemade paint recipe all you need to do is mix in a dash of spice into your poster paint - it is as easy as that.

How much spice to use depends on how strong you would like the fragrance to be... a little goes a long way, so perhaps start with a teaspoon.

Please note some spices do stain, so it's best to wear old clothing or an apron!

