

Edward's Trust

Supporting children and families facing loss
and surviving bereavement



Friends of Edward's Trust

Would you like to stay in touch with us and be part of something really special?

The Friends of Edward's Trust (FOET) is a group of wonderful, like-minded individuals who come together to support the needs of the Trust. The commitment they offer is invaluable in terms of volunteering, supporting and fundraising; with our bereaved families being at the heart of everything they do.

FOET



www.edwardstrust.org.uk

Registered Charity No.1105370 & Company Ltd Guarantee in England & Wales No. 3487577

The History of FOET

The group was set up in 2014 and it started with around 5 key members, most of whom are still very valuable, active members of the group today. For the last few years, we have worked hard to grow the group and encourage new members to join us and we are proud to say that we have around 42 active FOET members today!



Who can be part of FOET?

The group is tailored for anyone who simply wants to 'get involved' or 'give something back' to ET. Some of our members have been through the services at ET, and have reached a stage in their journey where they have wanted to 'return the goodwill back to ET.' Other members have joined us through hearing about our work via their workplace, word of mouth or simply being active on social media, so non-bereaved volunteers also play a key role within our FOET group too.



What does FOET do?

You find that in an environment tailored around bereavement you can do wonderful things. 'The smallest of actions makes the biggest difference,' so when our FOET community unites, our ethos of togetherness really flourishes. We are proud of the amazing things we do to support every aspect of the trust.



When does FOET meet?

Meetings take place bi-monthly at Edward's Trust. We usually meet on a Saturday morning between 9.30am-12pm approx. During this time we drink tea/coffee, enjoy cakes and biscuits, catch-up with each other, socialise and 'check in' on each other. We reflect on all Edward's Trust events and opportunities that have already taken place since we last met, including the number of volunteering hours, the impact it has on the trust and put a plan in place for upcoming events and discuss volunteer availability to support each event.

We have our own 'Whatsapp' group which is vital in terms of quick communication to each other, where we can also send photos, organise the logistics for an upcoming event, share good news stories and above all, have some fun, and stay in touch too. There is no pressure to respond to every message on the group, simply just be part of our community and retain key pieces of information.

Here are some things we have been involved with

- Volunteer at our Annual Golf Day
- Organise an event for ET
- Assist in an ET cake Sale /4 O Clock Cake event
- Sell our ET merchandise
- Sell raffle tickets
- Be part of a bucket collection at a local supermarket
- Present your story to local organisations
- Take part in a challenge event
- Promote our charity through wearing an ET Hoodie/T-shirt
- Join us for an event
- Network in the local community
- Bake cakes/provide samosa's for an event
- Network map your links and see if they too could support ET
- Help to maintain our 'Tree of Life' memorial tree at the National Memorial Arboretum
- Support us at the annual Botanical Gardens Country Festival
- Support us at the annual Harborne Carnival
- Help us to build relationships with local schools/colleges/universities
- Share our Kite Challenge with local Brownies/Rainbows/Girl Guides/Beavers/Cubs/Scout Groups

**Contact
Lucy to get
involved**

ENGAGEMENT MANAGER



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